

S10 Ep1: Susannah, Charlie & My Wardrobe Revamp

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Susannah Constantine

Well, hello! I'm Susannah Constantine and this is My Wardrobe Malfunction. Actually, not for much longer. I've absolutely loved opening My Wardrobe and speaking to guests I already know and adore, and others I've always admired but never met before, many of whom have now become good friends. It's been a total joy speaking to them, and of course, to you! Earlier this year I decided it was time to hang up my gigantic bra, and I loved one of my guests so much that I knew she'd be the best person to take the straps and reopen her wardrobe to some dazzling new personalities. It's the wonderful, irrepressible, gorgeous Charlie Hedges. But before I bugger off, Charlie suggested I sit in the interview chair and answer the questions I've been asking guests over the years, which some of you will remember include my comfort blanket, my birthday suit, and of course, my most unforgettable wardrobe malfunction. So she came to my house, met my three dogs, one of whom slobbered all over her, and we had a proper old chat. So for the last time from me, let's open my wardrobe doors and find out what's inside!

Charlie Hedges

Thank you for handing this over to me. I actually can't believe I'm now in the possession of this podcast.

Susannah Constantine

You know what, Charlie, out of all the people that we interviewed, you were the one that stood out. Which is not just me. And I'm not just saying that because you're sitting next door to me. I would tell you if I didn't think so. And I'm a bit old and a bit lazy to be doing this now. And you are so brilliant at what you do on radio. And you're so funny and so genuine, all the things that I am, obviously, that you do.

Charlie Hedges

I'll never forget. I remember bricking it though when when you guys asked me to come on the podcast because I was like go I watched you for so many years on TV. This is a big deal and we did say and again We weren't blowing smoke up each other's backsides, but there was something weird within that chat that I don't know. I genuinely believe we'll be in contact forever.

Susannah Constantine

I totally agree, it is so weird. Sometimes you meet people like that. It's only happened to me three times before. And that kind of like, when you meet someone and you've known them, actually Donna Ashworth was another person that that happened with. It's bizarre and here we are. And it's funny that, you know, you've watched, I find it so weird when people say, oh, we used to watch your show.

Charlie Hedges

Your show was iconic.

Susannah Constantine

It seems so long ago, like decades ago.

Charlie Hedges

You guys started that whole movement of reality TV, you started makeovers really, that whole generation and lots of people have come after you two, but I don't know, you're iconic.

Susannah Constantine

I mean, I don't see it. It's like...

Charlie Hedges

This is the first kiss I've had in ages, by the way. Do you mind if I enjoy it? [Laughter as Susannah's dog licks Charlie's face]. You're pleased with the new podcast too! I used to have a horse and feed my horse Polos out of my mouth so this is nothing....

I'm going to put that right back, how rude of me to wipe that off, keep that on there. It's mad what you've achieved in your time on TV and off TV, so honestly I'm so chuffed that you've given this to me.

Susannah Constantine

Thank you. That's really lovely to hear. I do believe it but I don't recognise it, I know it's bizarre but I think when you've got, it's like some things are just bigger than work and you know kids as you know now with your beautiful little girl, I mean you're messaging you, I know that is the most beautiful baby I've ever seen and she really is and there are things in life which are so much bigger than one's career in terms of providing happiness, serenity, angst, trauma. You know, you can be having the most successful day of your life and then something happens to your daughter, doesn't matter, you know that becomes, you will drop everything. You know Michael Jackson could be resurrected and you've got an exclusive interview with him but something, God forbid, happens to one of your family, doesn't matter.

Charlie Hedges

Crazy. Life is mental. Yeah. Do you want to know what we're doing with the podcast?

Susannah Constantine

Yes, tell me.

Charlie Hedges

We're changing everything! No we're not. We're keeping exactly the same but we're adding two things to it. So we're adding hand me down. So what would you hand down somebody else? And then we're doing a style sprint, which is like a 60 second quick fire round.

Susannah Constantine

Nice, style sprint. I love that.

Charlie Hedges

My favourite question, well actually I'm not going to tell you what, it's because I'll know your answer because you'll be brutally honest, so actually let's hold that for a second. Let's start the chat properly, because now it's my turn to talk to you. OK, so in terms of your first clothing memory, a memory where you're like, you know, maybe you met someone and you thought fashion was for you, this industry was for you, is there like a deep memory?

Susannah Constantine

I've never looked at clothes and thought fashion is for me. I've just kind of fallen into it, OK. But there is one dress that is like a fairy tale princess for me. And that was, in the sound of music, I can't remember the actress, it wasn't Lana Turner, who played the Countess, who Christopher Plummer married, the kind of second wife. And they had this ball and she was wearing this kind of yellow strapless dress with a kind of chiffon gauzy thing going over her shoulder. And it was like, it was a layer of, I guess it must have been duchy satin. And then with this layer of silk gauze going over the top of it. And it's to this day the most beautiful dress I've ever seen. And I actually had that replicated in my wedding dress. I had two layers of fabric.

Charlie Hedges

Really?

Susannah Constantine

And that's when I think I didn't think of it as fashion it was more the aesthetics and even at a very very young age I saw how beautifully it was made and to me that's always been more interesting than clothes per se.

Charlie Hedges

Do you think, as you've gotten older, do you feel like you've become more confident in... Because I'm interested to know, obviously cos when you was on TV and you used to help people out and give them makeovers. But how secure were you yourself? Were you really confident, deep down? Or not so confident, but obviously offered and helped other people?

Susannah Constantine

That's the great thing about helping other people is that you don't have to think about yourself. It is an absolute deflection and I felt the same way when I was pregnant. It was an excuse not to have to worry about how I look.

Charlie Hedges

And not only how you look but just think about you, there was someone else to worry about.

Susannah Constantine

Yeah and you have... And that the fact that, for me, always has been the fact that I'm ever going to be judged on how I look is the most ridiculous thing and I never want to be judged for how I look and of course you know when Trinny and I were on a height we were judged but that didn't worry me at all it was much more and I don't say this in a kind of moralistic or you know I'm better than anyone I was kind of way but it was much more

about I think probably how funny I was and how shocking I could be and whether I could leave an impression with my personality not with whatever coat I was wearing.

Charlie Hedges

That's mad. I find it so interesting that, I don't know, I'm trying to think back to when we first met, I was this best on the main person, but actually I think I asked you this question, I remember saying to you, like, when you look at someone for the first time, like, are you assessing? Because I remember thinking, like, what am I going to wear? I was like, what do I do? I'm like, oh my gosh, look at me, that looks like a pile of poo. But it's like a hairdresser. I always feel like the minute you walk into a salon, are they? So, are you conscious of what people are wearing?

Susannah Constantine

I used to be,

Charlie Hedges

But not anymore?

Susannah Constantine

No, I'm genuinely not interested. But then I was much more interested in other people and what they were wearing. And I was it was exactly like that. It's like being a doctor and seeing what sort of clothing sickness was going on within that person, on that person. But I could see how they were wearing their emotions at that time, their time. So if someone was very dressed up, very dressed up, and irrespective of whether it was shapes that were suiting them or not, they were hiding something, their clothes were their armour. And if someone was, you know, I mean, this is kind of more obvious, but someone was dragged and said, Oh, I just don't care about what I'm wearing. No, it's not important to me. Again, that would be something that was making them very unhappy. So it was more, it was a bit like being a kind of like Mystic Meg of clothing, you know, clothes would reveal the person underneath. So for us, it was about changing that for women so that their clothes kind of a dual thing. So if a woman felt confident on the outside, she would feel more confident on the inside. And if she felt more confident on the inside, she'd be a better mother, better employee, better boss, better whatever. So hugely impactful.

Charlie Hedges

You and Trinny are still really good friends aren't you?

Susannah Constantine

Yeah, we're still really good friends. Yeah, we're still really good friends. Which is funny because it's kind of the reverse way because we weren't friends when we started out. We didn't really know each other very well.

Charlie Hedges

So were you put together?

Susannah Constantine

We weren't exactly put together. We put ourselves together writing for The Telegraph and we had a column in that and we'd met and we didn't really like each other very much because she was like, ugh, ghastly. She thought the same about me. But there was

obviously something there. It was actually a mutual friend of ours who put us together because she wanted to get more into fashion and she came up with an idea for a column which I said I want to nick because she doesn't write. And then we, I said, OK, well look, I'll write it and we'll pitch an idea. And it went and then through working together, we became best friends.

Charlie Hedges

So nice.

Susannah Constantine

Yeah, we still are very, very good friends. And it's so lovely. It's like her daughter, Lyla, I had Cece, my youngest, daughter had her 21st birthday here. And Lyla hasn't been down here for ages, Trinny's daughter. And she was here and they all have sleep in the past, but I gave Princess Lyla a sofa. And she was like, I remember every single thing about this house. You know, they grew up together. So yeah, no, we're very family.

Charlie Hedges

Yeah, family as you say. How would you describe your style now?

Susannah Constantine

I would say casual, but style is sort of the wrong word, I think. I struggle. Yeah, I do struggle. That's why I'm always in jeans. You know, here it's easy at home and the country's starting to have to think, I'll just wear a pair of jeans and a t-shirt.

Charlie Hedges

Struggle as in what though? What do you mean?

Susannah Constantine

If I go out, I find it really difficult to find dresses that don't make me look like a sort of dowager, duchess, because I've got such big tits, G cups, and then the arms have gone here. So it's really hard, but I've still got small hips and quite small hips. I'm top heavy. And I feel really embarrassed wearing a dress. I don't like doing it. I don't like to look like I've had to try to make an effort, so I've always dress down. So I say my style is low-key dress down.

Charlie Hedges

Obviously everyone listens to this now, they're going to hear the next few episodes but it's fascinating how many women I've spoken to so far for the podcast, how many people over a certain age who just don't really know how to dress, haven't felt great about themselves and kind of exactly what you're saying really, dress down and I think it's such a shame that you're not, I know I know what the answer's going to be because I think I know anyway but I would love to see you on TV dressing women of a certain age because I remember my mum so....

Susannah Constantine

Would you really? I think there are very few people who would want to see that. I know there would be people, women my age, who would love that because so many women struggle. I don't struggle, it doesn't make me depressed or upset because I feel I've given myself the right to be a slob. Because I've been in that, you know, I can do that

and that's when I know I can sort of pull it out of the bag. But I don't think anyone else would give a shit.

Charlie Hedges

Oh, I totally disagree. I think there are so many women of a certain age.

Susannah Constantine

Oh, no, *they* would. No one else will want to watch it except for, you know, 60 plus women or 50 plus women.

Charlie Hedges

But that's a lot of bloody women.

Susannah Constantine

It's a lot of women, but where are you going to air that programme? Where are you going to broadcast it?

Charlie Hedges

The point is there should be a place for that there should be a place for it. You name me something on TV now that actually talks to that age group, there isn't. And actually I remember my mum saying... my mum's always looked beautiful and my mum's had wicked style growing up which you know, amazing. But I mean I remember my mum saying a few years ago like I'd go out shopping with her all the time it's funny how roles reverse because my mum would always come with me obviously growing up we've got a super close family but the roles are reversed where I would now go with my mum and I remember my mum saying like she doesn't know she doesn't feel like she knows her body, she looks crap in everything and she totally don't...

Susannah Constantine

But, see, I think it's more that there aren't the clothes out there, because all those brands... So, like, if you go to Zara, which is really quite shit now, or you go to Mango, which is much better, or you go to H&M, there is stuff for women our age. And it's like these trousers, which are like linen jeans, which I got from Zara the other day. I love them, and I just had them... I found this amazing lady called Ingrid, who's a seamstress, who lives locally, and she can just tailor things to make me. So, these were, like, straight down. They just sort of hung straight down there, and they're a bit stretched a bit, and they were very masculine. But I've just had them tucked under the arse, because my arse is still OK, and my legs are OK. So, what I'm saying is, but all those retail stores, they're marketed to younger women, and so women of my age think it's not for them, but it can be. And then you've got, you know, other people like ME&EM, which is expensive, but they do great clothes, but I'm so bored of a fucking strike down another pair of trousers. And then, and the other, then you have other brands like Wyse, you have Cefinn, Samantha what's her face?

Charlie Hedges

Who?

Susannah Constantine

Cameron, David Cameron's wife. And what they do is that there's two, they are for women, you know, they're worn by women, my age, clothes model, especially Wyse,

and I'm probably never allowed to buy anything there again. But it's, they do some brilliant stuff, and actually one of my favourite things is from them. But there are these dresses, like, everything is too high waist, which you really, only a six-year-old girl should be wearing. Or they've got, like, little flowery, and then little puff sleeves, like that. It's insane. And then Samantha Cameron does the same, all her dresses are too high-waisted, which is, that's a design for children. So I get really frustrated and annoyed by these obvious design faults that could make clothing much better for older women whose tits do get bigger, whose waist go, and it's not a difficult fix.

Charlie Hedges

Why don't you start designing your own?

Susannah Constantine

I'm too lazy.

Charlie Hedges

Come on, I'll kick your arse in gear.

Susannah Constantine

I should, because I know what suits my body, you know, I know so well and I will, you know, if I've got like next week I've got to go to this big event and I have to wear a dress. And I found a dress which actually wasn't too expensive but I would have spent £2,000 on that dress if I found the right one...

Charlie Hedges

Sorry, your dog's licking my fingers...

Susannah Constantine

But you know it's impossible. And then that dress I'll wear and wear and wear. And so it's kind of like the holy grail really and that's where most of the disposable income you know life is is because life is so tough for young people – housing, bringing up kids, is getting harder and harder they don't have money to spend on clothes it's way down the list. Whereas women my age who's maybe they have had kids or they're living off their pension or whatever they might have a little bit of disposable income and design not designer so much but you know design companies or or brands are really missing a trick.

Charlie Hedges

Agreed. Let's talk about something that you love to wear, your comfort blanket?

Susannah Constantine

OK, I've got it. And this is what I wear every day. Not the same thing. These are my comfort blanket. They're big...

Charlie Hedges

Come on!

Susannah Constantine

They're bold. They're from Marks and Spencer's.

Charlie Hedges

Lovely, you've got your knickers out!

Susannah Constantine

And these are my comfort blanket. I'm wearing them.

Charlie Hedges

Have you got a pair on now? Do you always go for the nude?

Susannah Constantine

There. Always go for the nude.

Charlie Hedges

In black?

Susannah Constantine

Only nude. And I've got hundreds of pairs. I've even got, my mum got me onto these. God bless her.

Charlie Hedges

You're the first person to get your knickers out.

Susannah Constantine

She would always wear this, admittedly when she was 70, and I still have pants of hers that I wear.

Charlie Hedges

No!

Susannah Constantine

Yup.

Charlie Hedges

Why are they so comfy?

Susannah Constantine

Because they don't dig in. So I get them a size, they look huge, they are huge.

Charlie Hedges

Do you go up?

Susannah Constantine

So I go up a size, do you do that?

Charlie Hedges

Yes. I go up two.

Susannah Constantine

So then they don't dig into your stomach, they don't ride up your crack. And I feel happy and secure. Then in the summer you're wearing a nudey dress, they're a bit like a little shorty. Best thing ever. So those are my comfort blanket.

Charlie Hedges

I knew you was gonna pick something rogue. Not gonna be a pair of socks with you is it? So ridiculous! More serious but I'm very interested because I know you're an open book you've talked very openly you know throughout the years about who you are, whether that's aging naturally, alcoholism, you know you're very very open and I feel like there are less and less of, I don't know wanna say your breed as I'm making you sound like an animal, but there's very there's less and less of people like you who are so honest that it's so admirable and I wish we could all be a little bit more honest...

Susannah Constantine

Do you really think that, Charlie?

Charlie Hedges

Yeah, I do.

Susannah Constantine

I think the tide is turning a bit.

Charlie Hedges

I do think it's turning, but it's taking people like you to give the rest of us a bit more balls to come out and actually say what we want to, what we're thinking as a being contained a little bit.

Susannah Constantine

It's funny because I can be a pathological liar, but yeah about myself, about other things. Yeah, I'm actually very good at lying and I'm very manipulative. But about myself I can't be anything else. And it's not because, oh, isn't it great I'm so open. It's like, why wouldn't you be? It's hard to explain, I do, but with the alcoholism, there was a very solid reason for going in public with that, which was during the pandemic. There were a lot of women that were struggling and I was doing online meetings, Zoom meetings, AA meetings, and there were new women coming in all the time. And they were really struggling, so I cut that, coupled with us being in a pandemic, I understood the loneliness that they were feeling. So that was more of an altruistic moment. Alcoholism is a disease, it's a mental disorder, it's a disease, and I'm not a bad person who's trying to get good by stopping drinking. I'm a sick woman who has an allergy to alcohol, so if you were allergic to nuts, you wouldn't eat nuts. And I think the women especially are so stigmatised, much more so than men. For a man who's drinking a lot, or drinking too much, whatever is different for everyone, but they're like, ooh, want to be a lad, have a little beer. Whereas for a woman, if you're a mum, you're a bad mother. If you're a single woman, and you're pissed in the pub, you're a slut. And that makes me very angry.

Charlie Hedges

Do you not drink at all now?

Susannah Constantine

No, I haven't drunk. I haven't picked up a drink... my first AA meeting was 13 years ago. And then I had two spectacular relapses. And so I haven't picked up a drink for 11 years now.

Charlie Hedges

Whoa, that's bloody impressive.

Susannah Constantine

Yeah, it is. But from the outside, it's like alcoholism is a very selfish thing. It's a very selfish program. But people who are in it, they know that it's just one day at a time. And, you know, who knows, something might happen. And I'll pick up a drink tomorrow. So I don't look back and think, wow, I've done 13 years. I think, wow, I didn't pick up a drink this morning.

Charlie Hedges

I'd love to have been friends with you in like the party era, but you must have so many amazing stories. I know you're...

Susannah Constantine

I can't remember most of them!

Charlie Hedges

They must have been great stories! But you're a massive music fan, you love your music.

Susannah Constantine

I love my music. I mean like the... yeah. Things like there was that summer of Live Aid. That was an amazing, I basically moved into Wembley Stadium, didn't leave because there was Wham!'s final concert, there was Live Aid, there was Bruce Springsteen and to see that at Live Aid because we were backstage and as Elton, as people know, Elton John's a very old friend of mine and there was all this sort of competition going on but in a very, sorry that's one of the dogs, jovial way, but it's like they were all trying to outdo each other with their barbecues and Elton had astroturf and he had a butler and then George Michael had a blow-up swimming pool and there was this kind of ridiculous kind of backstage competition going on but this huge respect between the artists, it was, so the competition wasn't played out on stage when they were singing, it was played out with their backstage area and there was so much admiration and respect for each other. That was really an amazing moment.

Charlie Hedges

What's the best gig you've ever been to?

Susannah Constantine

I think, there are so many, but I think probably Gorillaz. In Brighton. Because it was, I mean, Damon Albarn is a genius, and it was so loud, and the bass was so deep that it was a physical experience. And yeah, I think that's probably the best concert I've ever been to.

Charlie Hedges

That's pretty impressive.

Susannah Constantine

And my friends who are musicians will hate me for that, but they probably won't hear this, so that's fine.

Charlie Hedges

Did you get to see Prince?

Susannah Constantine

I did, actually. Yeah, but in New York, cos Nile Rodgers was a very good friend of my sister's and I went to go live out there with her for a bit. And there was a concert in Harlem, I think it was called the Heartbreak or something, the club, and there was Prince, Bowie, I think Keith Richards, Nile, and maybe Eric Clapton, and they all got up and played and there was no one there, there were about 200 people.

Charlie Hedges

Oh my God!

Susannah Constantine

That was quite amazing.

Charlie Hedges

That was nuts!

Susannah Constantine

Oh, and N-N-Notorious Duran Duran. But they, because Nile was producing,

Charlie Hedges

Oh my God!

Susannah Constantine

Oh, and Al Jarreau, do you know him?

Charlie Hedges

No!

Susannah Constantine

Amazing And he was there too.

Charlie Hedges

Bloody hell – what a gig!

Susannah Constantine

I mean that was, yeah, but again I was, I was too naive really to appreciate what I was seeing at the time.

Charlie Hedges

I've seen Prince twice.

Susannah Constantine

I can't, I mean he, when he died, I cried. Everyone was going on about Bowie but when Prince died it was such a shock.

Charlie Hedges

I still can't get my head around the fact that we'll never see him again. It's just, it's, yeah, it's madness. One of those times that you just...

Susannah Constantine

He was mind-blowing. He was only little but he was so sexy. There was something so raw and sexual about him. He was incredible.

Charlie Hedges

Let's get back onto your clothes. I want to know, malfunction. Give me a, give me a good wardrobe malfunction.

Susannah Constantine

There was one I've had. Actually I haven't had so many. I've often got things wrong but the worst one I had was when I was going out with David Linley, Princess Margaret's son. I can't remember which one if it was Prince Edward or Prince Andrew. One of them was their birthday and it was at Windsor Castle and there was a dinner and I was wearing this beautiful Valentino dress that my father had got for me because he was a real aesthetic and I trusted his taste and I was never going to spend that kind of money on a frock so I allowed him to buy it for me. Thank you Dad. And I was sitting at the table and I had Prince Philip on one side and Edward or one of the others on the other side eating soup and I felt Prince Philip's hand on my back. And I thought oi oi. And then a strap coming up and then his hand kind of went round to the front and I thought fuck off.

Charlie Hedges

Hahahaha!

Susannah Constantine

And I looked down and the straps on my dress had broken and my tits were literally, I mean they were very good at that time, so it was fine. They were literally open to the public.

Charlie Hedges

Open house!

Susannah Constantine

And then a man, you know, a butler came in and he got all my sort of safety pin and it was safety pin.

Charlie Hedges

Oh my God!

Susannah Constantine

I had no idea. I could've sat there for the whole of dinner.

Charlie Hedges

Were they nice and upright or were the nipples in the soup?

Susannah Constantine

No, they were spectacular. I remember. My tits were legendary. You have, what was it, a boyfriend of mine, his opening line to me was 'Susannah, you have perfect breasts.' And that was it.

Charlie Hedges

Did you repay the compliment? Oh my God, what a story!

Susannah Constantine

Not anymore.

Charlie Hedges

Let's talk about birthday suits. So have you got an item of clothing?

Susannah Constantine

Yeah, this is. This is Wyse. I'm sorry Wyse for talking about your paedophile dresses for older women. But this is from Wyse.

Charlie Hedges

That's lovely. Really nice.

Susannah Constantine

And then you just shove it over there. And wear it with jeans and a t-shirt or a little black slip and it makes me feel, it kind of hides a multitude of things, I would never have worn this in the What Not To Wear days.

Charlie Hedges

That is a great look.

Susannah Constantine

So I'm wearing, so this little leopard jacket is in a kind of, I mean it's probably synthetic because it wasn't very expensive, but it's like a sort of heavy silk place.

Charlie Hedges

Yes, it was a little puff sleeve.

Susannah Constantine

And then it's got little ties at the front it's quite boxy so you can't see my waist although it is there but it hides in my boobs and then makes my legs look nice and long and quite thin and I just feel quite young you know it's like.... leopard can go so wrong on a woman my age but because the leopard print is quite muted...

Charlie Hedges

It is banging. Really nice. Because you can wear that again you can pretty much put in on with anything. Even a dress. And I know you don't like wearing a dress but actually a

dress would look really nice with that. Or just with your big bloomers that you showed me!

Susannah Constantine

My big bloomers. I love that word!

Charlie Hedges

Big up my Nan!

Susannah Constantine

So that is my new favourite thing, and I got it about four months ago, and I've worn it so many times. It's a genius design.

Charlie Hedges

At what point does it get overworn and you have to get another one?

Susannah Constantine

Because I don't go out very much and when I do it's with different people, it doesn't matter. Who cares?

Charlie Hedges

Also I'm always one, I've got this pink suit and I've worn it for a lot of TV...

Susannah Constantine

Not that pink suit? Oh my gosh, I've seen that so many times.

Charlie Hedges

Don't slag it off! Cheeky sod! But I've worn it, I don't care. I feel good in it. I think it looks good.

Susannah Constantine

I bet it looks amazing.

Charlie Hedges

But I don't know what though, I'm the same as you. I don't care about overwearing stuff. Because I'm like, also, why have we not been reusing stuff?

Susannah Constantine

Yeah, we have to, we must.

Charlie Hedges

And if you get a suit. See, I like co-ords. Co-ords, because for me, it's lazy dressing. It's easy dressing. Simple.

Susannah Constantine

It's weird, you really do suit black and I'm trying to understand why because normally you suit black if you've got blue eyes like you. You have dark ring around your irises but you really suit black.

Charlie Hedges

I always go black. The majority, don't know why. Just feel comfy in it.

Susannah Constantine

Yeah it's really nice.

Charlie Hedges

It's quite a good way to hide, especially time of the month as well. No one bloody told me this, sorry our producer is going to get an earful now, but after having my little girl, no one told me how bad your time of the month can be. So now, literally, I would not be able to wear another colour.

Susannah Constantine

Is it like Niagara Falls?

Charlie Hedges

It's worse than that, it's a liberty.

Susannah Constantine

Really?

Charlie Hedges

Yeah, so I wear black just in case, you never know. I use one of the apps, but.

Susannah Constantine

Yeah, you see, I so don't know about that, the apps, but yeah, it's something.

Charlie Hedges

The apps are good but I have been caught out.

Susannah Constantine

I don't have to worry about that.

Charlie Hedges

I know, and what a bloody blessing that is. Let's talk about hand-me-downs. So this, what would you hand down?

Susannah Constantine

Well, I've already handed it down to my youngest daughter, Cece.

Charlie Hedges

Does she nick your stuff?

Susannah Constantine

They both do. It's fine because most of the stuff I can't get into anymore. This is Missoni. And this is classic Missoni knit which is... the kind of main colours in it are turquoise and green with a bit of burgundy and a bit of fuchsia pink and it's kind of like a zigzag weave and it's kind of silk knit and so it hangs really well. It's a coat and it's very narrow and slim and it's got small lapels and she'll wear this with like a little crop top and a pair of jeans and it's just, you know, it's a really good piece of clothing but it's, she just makes it

look so cool. I couldn't even get my arm into the whole thing now but so I'm really happy to see her and Esme, they both take stuff and still a little bit big for them. They're my clothes, even my old clothes, but it's so lovely to see them get a second life.

Charlie Hedges

That's the best thing having girls.

Susannah Constantine

Yeah, it really is.

Charlie Hedges

I can't, well, I don't wanna wish my girl's life away, but that day when that comes where we're swapping clothes, that would be a good day. That's what me and my mum did.

Susannah Constantine

Really?

Charlie Hedges

Yeah, me and my mum would, I'd wear my mum's stuff all the time. My mum had got some great clothes.

Susannah Constantine

See, I would never, I can't swap pose because they're like this, you know they're thin.

Charlie Hedges

Well, what size do you think you are?

Susannah Constantine

Well I'm not size six or eight. Well whatever you are.

Charlie Hedges

Well whatever you are.

Susannah Constantine

No, I'm like 12, 14 or even 16 here on my boobs.

Charlie Hedges

Listen, there's bigger problems to have in the world. I wish I did...

Susannah Constantine

Yeah, so we don't, we don't share clothes but they get a lot, they go shopping in my wardrobe and I'm really happy for them to do that.

Charlie Hedges

Love it. So the last part of the new addition to the podcast is the 60-second Style Sprint. So I'm just going to go through a load of questions...

Susannah Constantine

Sounds exhausting.

Charlie Hedges

I mean it is, but 60 seconds. So let's do it. You ready? Three, two, one. Vintage or brand new?

Susannah Constantine

Vintage.

Charlie Hedges

Sequins or silk?

Susannah Constantine

Silk.

Charlie Hedges

Heels or flats?

Susannah Constantine

Flats.

Charlie Hedges

Dress up or dress down?

Susannah Constantine

Dress down.

Charlie Hedges

Jewellery or no jewellery?

Susannah Constantine

Very little jewellery, no jewellery.

Charlie Hedges

Your partner buys you a new handbag, then you split up. Do you keep it or do you give it back to him?

Susannah Constantine

Keep it.

Charlie Hedges

Mini skirt or maxi?

Susannah Constantine

Maxi.

Charlie Hedges

Monochrome or bold colours?

Susannah Constantine

Monochrome.

Charlie Hedges

Hair up or down?

Susannah Constantine

Down.

Charlie Hedges

Trainers or boots?

Susannah Constantine

Trainers.

Charlie Hedges

Matching underwear or whatever's clean?

Susannah Constantine

Whatever's clean.

Charlie Hedges

Red carpet or countryside? Oh...

Susannah Constantine

I mean you know the answers. You know them all.

Charlie Hedges

Spit on that one! Day look or night look?

Susannah Constantine

Night look.

Charlie Hedges

I could do this for you. Leopard print or pin stripe? That's a tough one for you because I know you've talked patterns but actually you've love a stripe.

Susannah Constantine

Probably pinstripes. I love stripes.

Charlie Hedges

Me too. Cashmere or cotton?

Susannah Constantine

What, in a jersey?

Charlie Hedges

Yeah, whatever. Yeah, jersey will do.

Susannah Constantine

Cashmere.

Charlie Hedges

Lipstick or eyeliner?

Susannah Constantine

Eyeliner.

Charlie Hedges

Oversized or tailored?

Susannah Constantine

Tailored.

Charlie Hedges

Hat or sunglasses?

Susannah Constantine

Sunglasses.

Charlie Hedges

One more because we're breaking the rules. No, sod that! Denim or leather?

Susannah Constantine

Denim.

Charlie Hedges

And I love you so much. Thank you so much!

Thank you for the chat today. Thank you for handing the beautiful podcast over to me because it's nuts. I honestly feel honoured and I hope I do it justice and I hope I make you proud and if I don't you'll be messaging me slagging me off anyway won't you?

Susannah Constantine

I will but I'm just so happy that it's going to someone who thinks the same way I do, and happy to let it go, but I'm not going to let you go, I'm afraid.

Charlie Hedges

I'm happy.

Susannah Constantine

I'm going to start sticking to you, like a little limpet.

Charlie Hedges

I can't wait! I'm dragging you to gigs, the lot. Honestly, you're coming to a bloody festival.

Susannah Constantine

I'm coming. I'm definitely, yes.

Charlie Hedges

OK, thank you for everything.

Thank you, Susannah. What a wonderful afternoon and one of the best kisses I've ever had, I do have to say that. You can find Susannah @susannahconstatine on Instagram and at susannahconstantine.co.uk.

Before we go though, if you have any clothing stories you'd like to share, we would love to hear them. Whatever you send, we'll read or listen to all of them, of course, so please tag us @mywardmal or you can send us a message or voice note to help@mywardmal.com and subscribe please if you can, rate and review us on your chosen podcast platform.

So that's it. Thank you so much again to Susannah and of course to you guys for listening. We'll catch up soon.

And until then, My Wardrobe is officially closed.