

S10 Ep2: Caprice & Her Cheeky Climbdown

NB. If quoting from this transcript, please bear in mind it was generated by AI and corrected but still may not be 100% accurate

Charlie Hedges

I'm Charlie Hedges and this is My Wardrobe Malfunction, the podcast about our relationship with clothes, a relationship like any other, that has its ups and downs of course. Now, as you'll have realised, I'm not Susannah Constantine but I was over the moon when she asked me to step inside My Wardrobe. So if you're new here, each episode we basically talk to a special guest about their clothing tales and always hear about their comfort blanket, their birthday suit and of course their most unforgettable wardrobe malfunction. And we've added a few new twists too. We'll also hear about their favourite hand-me-down and wrap up each episode with a 60-second style sprint. And we'd love to hear your stories as well so please do tag us @mywardmal or you can send a message or voice note to help@mywardmal.com. Right, on to today's guest, she is an award-winning model, entrepreneur, movie producer, philanthropist and one of the few people you'll know by just one name. It is, of course, Caprice. So, let's grab the handles, open My Wardrobe doors and find out what's inside...

So many of our listeners will know you for your modelling, of course, TV and stage appearances but you're also now producing and starring in your own movies too which we want to chat loads about that in a bit. But first things first you and your sister, we need to go way back, you grew up in Hacienda Heights LA, right?

Caprice

Yep.

Charlie Hedges

And your mum was an interior designer?

Caprice

Yep. She was an interior designer and yeah, we grew up with my mom. I left when I was 17 and I went to New York to start modeling and then normally as a model you have to go get tear sheets or magazine work and so you either go to Milano, Paris or England and thank God I made the right choice. I went to England. Yay! And then six months later I did something called the National TV Awards with Trevor McDonald, way back when, and I wore this crazy dress that just covered, oh no, actually it barely covered my nipples and my vagina and surprise, surprise, I was on the cover of every single newspaper alive the next day and that's how it all started.

Charlie Hedges

Oh my God, I was so fascinated researching into you. In terms of fashion and clothes, your mum was an interior designer so I'm assuming that your mum really loved her clothes too. Did you get some fashion inspiration from her?

Caprice

You know what? Every morning, my mom would wake up at stupid o'clock and I'd go into her room and she'd say 'Cap,' she'd open her closet and she would say 'What gorgeous thing should I wear today?' I'm like 'Mom, you're so fabby, you're so amazing!' Yes, she is still is, she's full of life and she has a great sense of style. So weirdly enough, I think as I've gotten older, I've gotten a better sense of style. I look back at some of my pictures in my heyday and I was like 'Oh gosh, no, I didn't do that. Oh, I did. Oh gosh, I didn't do that. Oh gosh, I did.' So it has gotten progressively a lot better, but it was a bit, in my opinion, it was a bit tragic at the beginning, but it worked for me and my whole thing that I had going on.

Charlie Hedges

You know the outfit that you're talking about that you was talking about a second ago where you said it just um It just covered your nipples and your vagina. What did your mum think about that outfit?

Caprice

'I didn't raise you like that...' You know, my mom is like Bette Midler on steroids. 'I didn't raise you like that. How could you wear something like that?' I'm like 'Ma, I started the ball rolling. You got to work to your strengths, OK?' I, you know, back then I had an amazing figure. I showed it off and boom!

Charlie Hedges

Good for you.

Caprice

As frivolous as it was, you know, we got to work with what we have and...

Charlie Hedges

Too right.

Caprice

And I did and I mean, that's one thing is, OK, fine. It was amazing. And I went from zero to hero overnight, but to keep on reinventing yourself and turning yourself into a business, that's a whole other ball game.

Charlie Hedges

So how have you consistently done that over the years then? Like, have you looked to other people for inspiration? Like, how do you stay relevant, I suppose?

Caprice

It's not easy, I mean, it's such a... Fashion is so fast and it's forever evolving. And we all see people coming into the limelight, being bigger than life, more famous than ever. And then literally a year later, you don't ever see them again. It's a pretty scary business, but I feel so blessed that I was thrust into it because I wasn't particularly academic. And

even though I wanted to be governor of California, how crazy is that? But, you know, again, I work to my strengths. And even in the modelling world, I wasn't the tallest and I wasn't the prettiest. And, you know, I can never be super skinny. It's just not the way my body works, you know? And I work to my strengths. And that's when the whole lad mags came about. I'm like 'I've got the boobs, I've got the hips, I've got the attitude, I've got the bleach blonde hair. I'm a babe, I'm a babe, let's make this work!'

Charlie Hedges

Love that. And I love that attitude as well. Like you said, you've got to work with what you have. But then there must have been a lot of pressure that, like you said, you've never been the smallest person in terms of weight, for example. But then was there a lot of pressure that came with that? Because were people looking at you saying like 'Well, maybe you should be,' or was there pressure with regards to size?

Caprice

Um, no, you know, what was nice is that I think women could identify with my body type rather than the super, super skinny, almost, you know, you look like you need to put, you need to shave a few... Sweetheart! You have to see my new dog. No, no, you have to see my sausage. Lulu, come here. My sausage.

Charlie Hedges

Oh look! What's their name?

Caprice

Lulu.

Charlie Hedges

Hi, Lulu! It's the cutest sausage dog!

Caprice

I mean, have you ever in your life, you know, and you pee pee and you poo poo everywhere!

Charlie Hedges

I respect the fact that you let the dog lick your face as well because I used to let my horse lick my face and people think I'm a wrong 'un but I've just seen you do it so if you can do it then that's all right.

Caprice

And you know what, I don't care. I love it when my dog licks my face. She could even lick inside my mouth. I don't care.

Charlie Hedges

Same! I'm high-fiving you for that one because I wouldn't care either!

Caprice

I love my dog, she's so cute.

Charlie Hedges

So regards to size, you didn't ever feel pressured to look a certain way really, you just went with what you had and just run with it?

Caprice

No, you know, when I felt the pressure is when you start to get older. There's pressure to look fabulous forever. So you start to feel it a little bit, but I'm ultimately, you know, the older I get, the more I look after myself. And yes, I'm a vain person, and yes, I made my living on the way I look, and I feel good when I look good. But I think more than anything, as you get older, you want to feel really good, you know? And the more I look after myself, you know, my skin's better, you have less wrinkles, your body works better, you know, your mitochondria works better, your metabolism works better when you really look after yourself, and I'm more going at it from the health perspective.

Charlie Hedges

So how do you look after yourself? Like is this like an exercise thing? Is this like things that you're eating? Like how are you staying happy with how you look?

Caprice

My weight... Well, I did have to say about six months ago, I was 20lbs heavier than what I am right now. And I, I felt bad. One I felt bad, I looked in the mirror and I didn't like the way I looked and it made me feel bad about myself. But also my joints were getting stiff because my house it's a three-storey house, so just walking up the stairs, just pretend like you put on a backpack and you put 20lbs in the backpack and go up and down the stairs all the time. You know, you're huffing and puffing. I just, I felt my health was deteriorating. And so I, I did do Ozempic or Montgavy. It was a, it was a derivative of, I don't know, it's one of these diet things to help me lose weight because I just couldn't do, and I was even almost starving myself and it just wasn't, wasn't coming off. It was weird. So I did that for about a month. And that made me feel sick to my stomach. And I just thought 'I can't do this. I just can't. I can't do this. I feel awful.' And so what I did is I just didn't eat carbohydrates anymore.

Charlie Hedges

Oh, wow. OK. So you just completely cut them out?

Caprice

I just completely cut them out. And can I tell you it just, for the first time ever since having kids actually, the pounds just flew off. And I feel amazing. I've got so much energy. I don't drink coffee anymore. I still have matcha, but matcha is an antioxidant. So it's more for health reasons. But I've got so much energy. I just feel that... now everyone's different. And yes, the first month was really, really difficult. Not having carbs you want, you know, you're craving that goddamn pizza, you're craving that pasta...

Charlie Hedges

That's literally me right now!

Caprice

Yes. And sourdough bread with salted butter.

Charlie Hedges

Stop talking about good food!

Caprice

But you know what's crazy, Charlie, is after about a month, you don't crave it anymore. In fact, you really don't want it because you feel so good.

Charlie Hedges

Well you look bloody amazing, not that you need me to tell you that but you do look great I've got to say.

Caprice

But I feel, you know, I feel good. So if anyone is looking to, don't go on. I mean, for me, it didn't work, this Ozempic thing. It really, it was terrible. And I didn't really lose a lot of weight, actually. But I micro-dosed on the micro-dose because it just made me feel so sick. Anyway, so I stopped that. And on this no carbs thing, it worked. It makes you feel, it just worked for me really well. So anyway, so that's that.

Charlie Hedges

Let's go back to sort of early stages of your career. I think it was ABC America at one point described you as one of the most photographed women in the world. Now, you know, that's a big statement. In terms of navigating that level of fame, did you have like a close knit of people like friends and family around you to sort of keep you level headed? How have you remained who you are? Because the pressure must have been ridiculous.

Caprice

No, I mean, I believed my own BS. I was, I believed my own hype. I mean, how could you not, you know? I thought I was everything. I was unbearable. I mean, I would walk outside my house and there were 15, 20 paparazzi every single day for about 15 years. 15 years, you know? I mean, I remember I would go to a nightclub and of course they would, they were so nice all the time, they would give me like a free table and give me alcohol and yada, yada, yada. And I would sit there at the table and I remember, this is, I tell my stepdaughter this now, she's like 'Cappy, tell me what you were like in the heights of all your fame?' And I say 'You know what I used to do?' This is so naff. But you should go to nightclub and I would sit at my table and I would get the bouncer. I'd say 'I want that guy, that guy, that guy, and that guy. Can you get them to come up to my table?' I mean, how embarrassing is that?

Charlie Hedges

Oh my God!

Caprice

And they used to come to my table.

Charlie Hedges

Well, I bloody would! You're Caprice! I would have come to the table if you'd have called me over!

Caprice

And sometimes I would make out with one, and I don't know, maybe make out with another one, if I'm... it was out of control, it was crazy, you know? It was completely mental. I've had such a full life, I can't, I think about those times and I just, it's just like a different lifetime ago.

Charlie Hedges

Yeah but it's shaped who you are. Like you said you've lived it, like the amazing stories the memories you've got. Do you think it's harder or easier to get into modelling now because obviously with social media? I suppose back when you started you know it wasn't a thing so do you how do you think it's changed?

Caprice

Back then, when in my big heyday, it's more organic. And I remember, you know, we weren't retouching all our pictures and the social media and people are inspired by a lot of people that aren't even real on their Instagram. So I think it was much more organic back then. And we just had fun, you know? We weren't thinking about doing a video and a nightclub 'Well, we'll go to this place so we can do a good video.' We're like 'We're gonna go to that place because we're gonna have fun and I'm gonna go pick my dudes out there!'

Charlie Hedges

I'd love to have gone out with you back in the day, I bet you were bloody wild!

Caprice

I was completely out of control, but you know, like you said, I'm so grateful for that because it really has turned me into what I am today, and I hit it so hard right now. I'm so hands-on with my children, and that's when everything changed, really, is with the kids. When the boys were born, my heyday was finished. I mean, beyond finished. Even the thought of sipping a vodka right now, I just want to vomit!

Charlie Hedges

Do you not drink at all now then?

Caprice

Nothing. I just don't fancy it anymore.

Charlie Hedges

Thing is, you've done it. Like you said, you've done that, that's like...

Caprice

Done it to death. And I'm in the most incredible relationship. I love my husband so much. I fancy him like crazy, even after 12 years. And I love being a mom. And I love what I'm doing here, especially with the movies. I love creating. I love working like a dog, you know? And I love my kids seeing their mom graft and work like a dog as well. It's great for them. It's inspirational for them. So I'm really blessed where I am now.

Charlie Hedges

Good for you.

Caprice

But I created this though. Remember, it didn't just come to me. I created this and I created this at 53. You think 'Oh my God, 53, everything's over.' Honey, I'm just getting started. So everyone out there, look forward to getting older. It only gets better.

Charlie Hedges

It's so lovely to hear someone such as yourself say that because there's so much pressure on women in particular that once you hit a certain age you know it's just awful. And I know the industry and the world has got better but there's still that underlying pressure for women. And the fact that you're saying you know you're only just getting started it's a big deal there'd be a lot of women listening to this now, myself included actually, that you'll help.

Caprice

Do it because you just get so much better internally and, yeah, you have to work harder on the outside you do but I feel better for it like I never looked after myself like I am now in my 20s. I never looked after myself really I just you know I had my vodka and I had you know my vodka and I had my vodka, it's all good! It's different now and for me it's gotten better so I really want... I really believe this and I'm not just saying this because I am getting older I'm saying this because I'm living it, you know.

Charlie Hedges

Yeah, I believe you. You just mentioned about your movies as well, so it might be a nice time to talk about that. So you produce and star in your own movies. Are you filming a Christmas one right now?

Caprice

No, I finished my Christmas one. So I filmed in Scotland in January, so that I'm just in post right now, I'm working on the score, yeah, so I already did my Christmas one and that was in Scotland and now I'm doing a rom-com in Ibiza.

Charlie Hedges

And you're producing all these yourself. Are you starring in this one as well?

Caprice

Yeah, my Scotland one I starred in, and this one I starred in. I have done another one in Ibiza, which I didn't star in, but I don't know, I sell really well, so I'm like 'I'm going to chuck myself in.' Why not?

Charlie Hedges

What got you into producing your own movies? How come you've taken that path?

Caprice

Well, I have to be honest with you, Charlie, nobody would hire me. So I'm like, you know, my dream, I've always wanted to act. I've always wanted to do it. And I think I just didn't have the nerve or I just didn't have the opportunity at the time. And I found somebody who was doing it really, really well. And I invested in a movie with her and learned a lot – and learned a lot of mistakes as well that I changed. And so I'm making my own movies because basically nobody would hire me. So I thought 'I'm just going to do it myself.'

Charlie Hedges

There's two fingers to put up to those people and I'm putting them up for you!

Caprice

I'm gonna put there and there! And by the way, I've sold in 25 countries, my last.

Charlie Hedges

Come on!

Caprice

That and that again, multiple ones!

Charlie Hedges

Oh my God, good for you. I'm so excited for people listening to this right now. I'm buzzing for everyone because you are just living proof not to give up like you said you've worked your bits off you've done all this yourself you've got your other business By Caprice?

Caprice

Yeah, that that kind of runs itself now, so I don't really I'm not too much involved there because you know, they're all license deals. So it's just my movies. It's my passion. It's my obsession. I love it. I get excited again. And by the way ladies and gents, I don't care how old you are, if you have a freaking dream, you go for it. You're your own worst enemy, you go for it. You can do it – go out there and just do it!

Charlie Hedges

Have you ever turned down a job, because earlier on you were saying that you believed your own BS, so is there like a time in your career where you turned something down and now actually you're like 'OK I should have deffo said yes to that'?

Caprice

Oh my gosh, I remember, well, two instances. I remember I was offered the lead in Baywatch and I thought 'I'm much bigger than that,' so I turned that down.

Charlie Hedges

You didn't?!

Caprice

And take it a step further, you're gonna love this. I mean, I was always known as the babe and I just thought 'I don't wanna be the babe anymore. I want to be a credible actress.' How stupid is that? Are you actually joking? Oh, God, Cap! Anyway, we've moved on for that. I mean, how silly. And I remember one time, Cindy Crawford, Cindy's PR had called up my PR and wanted to do, you know, go out to lunch and then take pictures and yada, yada. And I just said 'No, Cindy's using me for publicity.' Oh my God.

Charlie Hedges

Oh my God! And you said no?!

Caprice

And I didn't go, I swear to you. Ugh!

Charlie Hedges

Oh my gosh. That's insane. Did you speak after that?

Caprice

No, she just, my agent said 'Are you sure you want to do this? It is Cindy Crawford.' I said 'Yeah, she's trying to get publicity off of me. That's crazy. No.' Completely out of control. But I'm here to tell... It's a nice story now it's, just think 'Oh, Cap!' Really silly.

Charlie Hedges

You are brilliant. Let's talk about some style stuff, shall we, considering this is about my wardrobe malfunction, but I'm really enjoying the other chats of yours. I don't even want to get onto this stuff! So let's talk about your personal style. Now, you said yourself that there will be some outfits that you look back at and go like 'What the hell was I thinking?' So what's the biggest trend you were a part of, or something that you wore, where you was like, no, absolutely, if you could wipe that from your memory, is there a particular outfit or just, yeah, a lot of things?

Caprice

Oh God. I remember, it was the Brits and I was giving out an award. Oh, God help me!

Charlie Hedges

What did you wear?

Caprice

Oh, oh, oh, oh, oh and oh! It's online. It's so tragic.

Charlie Hedges

What year was it because I want to look it up as we're talking?

Caprice

Just look up: Caprice Brits. I mean, I did the Brits a few times, but there's this one, it was a white bandana top, leather top, with hot pink and black animal print trousers and red boots. Oh yeah. And it gets worse. And I made my hair a totally different colour. Like here was black and all this was bleach. It's so tragic. It's so tragic Charlie! I would love to erase that actually from my mind and everyone else's mind, but it just doesn't... In fact, you could go on that picture and this is what not to do.

Charlie Hedges

The thing is, you know how many people are gonna be searching for that photo now?!

Caprice

It is just so tragic. Oh, Lulu, come on Lulu! Oh, she's about to go take a dip in the... No, no, no, go swimming. Come on. Come here Lulu, good girl.

Charlie Hedges

Though you were gonna say the other thing!

Caprice

Oh no, she did that earlier.

Charlie Hedges

I know you mentioned that obviously that's, your words not mine, that's a tragic choice of an outfit but in terms of malfunctions like wardrobe malfunctions have you ever been on stage or has there been anywhere it's gone wrong?

Caprice

I remember there was this pink, and you can do, this will be online as well. I can't remember what award show. It was a pink Ungaro dress. And I went up the stairs. Again, I was just about to give out the award, and the whole thing came undone and my butt crack was hanging out! I didn't feel it crack when my butt crack was hanging out, but everybody just, I went down the stairs and everyone was just talking and laughing. Like 'What's going on here?' And then my publicist took me inside and said 'Yeah, you could see your whole butt crack. It's a great butt crack and you don't have any cellulite, but it is a butt crack.' So... No!

Charlie Hedges

How much work did you get off the back of that though?

Caprice

Oh loads, honey, great! They all thought it was on purpose. I'm like 'No, I'm not that desperate or that silly.' And again, I had no cellulite at the time. So that was quite nice, but it wasn't intentional. I swear it wasn't intentional.

Charlie Hedges

I trust you, because I think you'd tell us if it was!

Caprice

Yeah, I would!

Charlie Hedges

So over the years, you must have met some incredible people. Whose style has stood out to you?

Caprice

You know who's style I really love and I met her, she wasn't super forthcoming, but I love her style, is Jennifer Lopez. I mean... She really, and she's a little thing and she wore her clothes so beautifully. I mean, whoever styles her really does a great job and her skin was just flawless, absolutely flawless. Yeah, I have to say JLo impressed me. Yeah, let's give her that, definitely. Yeah.

Charlie Hedges

If we opened your wardrobe right now, what five items would we see on repeat? Do you collect the same bits just so it's easy to wear them?

Caprice

Everything's black, everything's black. You would think I'm some kind of weird goth, not weird, but you would think I'm a total goth. Everything's black, I love black. And the dresses are all the same, very A-line, sexy and tight, but it's very safe. Yeah, all my outfits are quite safe now. It's funny, you know, my kid, if ever I have to do an event,

which I don't really do only because I just don't enjoy it anymore, and I put on makeup, my kids are absolutely horrified. They say 'Mummy, you look ugly. Why are you wearing makeup? You look so ugly.'

Charlie Hedges

Oh, that's really cute though, that's really sweet.

Caprice

Really?

Charlie Hedges

Yeah, because they're saying you look beautiful without it.

Caprice

They go up to me from the behind and they and they punch my butt and they're like 'Oh Mummy, this is so funny how it wiggles.' I'm like 'Get away from me, get away!' My boys, they're relentless. Boys are relentless. Relentless.

Charlie Hedges

How old are your kids?

Caprice

They're 11.

Charlie Hedges

OK, I've got a little girl she's only two and a half and she's quite honest actually for a two and a half year old.

Caprice

They're all honest, it sucks. Let me tell you, it really does!

Charlie Hedges

I've got all this to come. In terms of a birthday suit, so like an outfit you'd wear for a special occasion that you'd feel like a million dollars in, do you have a staple piece in your wardrobe at the minute or go-to?

Caprice

My little black dress. I mean, it's timeless. You could, it's just, it never goes out, these little black dresses. I have them short, I have them mid, I have them long, I have boobs out, not boobs out, but they're all quite tight. But I've got probably about 25 of them.

Charlie Hedges

Do you remember back in the day when people used to say about not revealing, not having your boobs and your legs out?

Caprice

Yeah, how silly is that? You know what? You know what, ladies and men, if you want to go out and have the legs and the boobs out, you freaking go for it. It's all about you. And I really mean this. And by the way, there's no such, you know, it's never bad publicity. It's all good. I mean, who cares? I just... And this is another thing, and it comes with age

and more confidence. I just don't care. I don't care what people say about me. I really don't. I only care if it hurts my kids somehow and they mention it at school or whatever, then it bothers me for them, not for me. But if I'm going to go out and I want to show off my legs and my boobs, I'm going to do it.

Charlie Hedges

Too right.

Caprice

And it makes me feel good. You do that. You own that too.

Charlie Hedges

Should we do double fingers off again to the people that don't agree with that?

Caprice

Yes!

Charlie Hedges

I think we're as nuts as each other, I can't lie! We've met our match. Just one more on style then, so a comfort blanket. Maybe something that you wear that you just want to chill out in. I'm guessing you're going to say more black clothes, but is there like...

Caprice

My sweats. And like, and my big jeans, you know, I got these great jeans from Urban Outfitters and they're probably five sizes too big for me and it goes down to my butt crack and I don't care. And I like really, really big clothes. It's very, it's weird when all my comfort clothes and my sweats and they're like five sizes too big for me and my sweatshirts are, you know, they're really, really big. That's what I love to wear more than anything, actually.

Charlie Hedges

Actually I need to ask you about a hand-me-down so what dodgy outfit that you've worn in the past would you like to hand down to someone else?

Caprice

All of them, actually! I'm like a hoarder I got so much... In fact I'm trying to find places to sell all my stuff on. Where do you go? You go to Vestiaire? I don't know, I need help can you suggest?

Charlie Hedges

Yeah, the website you just said, is it Vestiaire? Is that how you pronounce it?

Caprice

I did put some stuff on Vestiaire, I don't know if I did it right because it came up in Australian dollars. I'm like 'Oh God, I just can't deal.'

Charlie Hedges

What about Vinted? Have you been on Vinted?

Caprice

Vinterd is... Yes, Vinterd is actually quite good. I need to go on Vinterd. I'm all about second hand stuff.

Charlie Hedges

If you go on Vinterd though, do you do it under your own name out of interest, so will people know that it's you selling it?

Caprice

Well, I haven't sold on Vinterd, but yeah, why not?

Charlie Hedges

Yeah, you should.

Caprice

Why wouldn't I? I love all this second hand stuff. I'm so much into our environment and making it better. And I mean, I've got good clothes. Some of my clothes I haven't even worn. It's ridiculous. So I'm not gonna just throw them out. I want them to go to people. They'll love them and wear them, finally.

Charlie Hedges

OK, so Caprice, before you go, we're going to do our 60-second Style Sprint. As many questions that I can give to you in 60 seconds, answer as quickly as possible. Three, two, one, go... Socks with sandals. Yes or no?

Caprice

Socks, oh, socks.

Charlie Hedges

Sunglasses inside, yes or no?

Caprice

A hundred percent.

Charlie Hedges

How many times can you wear the same pair of jeans or trousers without washing them?

Caprice

Oh, you're going to gross out, about five times.

Charlie Hedges

Oh, no, I'd have gone six. Heels or flats?

Caprice

Heels.

Charlie Hedges

Designer or second hand?

Caprice

Oh both!

Charlie Hedges

Sequins or glitter?

Caprice

Sequins.

Charlie Hedges

Handbags or backpacks?

Caprice

Backpacks.

Charlie Hedges

Your partner buys you a nice handbag but they're now your ex. Do you keep the gift, and it's a nice handbag, or do you sell it?

Caprice

Hell yeah, I'm keeping it!

Charlie Hedges

Matching sets or mix and match?

Caprice

Oh no, mix and match.

Charlie Hedges

Are UGGs cosy or ugly? UGGs on your feet.

Caprice

Love 'em.

And that is it, you survived! Caprice, you're an absolute legend. Thank you so, so, so, so much for chatting to us today.

Caprice

Oh, brilliant, Charlie. Thank you, honey!

Charlie Hedges

Thank you, Caprice. You can find her at capricebourret.com and [@capricebourret](https://www.instagram.com/capricebourret) on Insta. And you can find us [@mywardmal](https://www.instagram.com/mywardmal) on our socials, on our website at mywardmal.com. And of course, please do subscribe, rate and review us on your chosen podcast platform.

That's it. Thank you so much again to Caprice. And of course, to all of you for listening. We'll catch up soon.

Until then, My Wardrobe is officially closed.